

WEEK OF: \_\_\_\_\_

**Menu Planning Worksheet**

USDA Child Care Food Program Snack and Meal Pattern							
<b>BREAKFAST</b>							
Milk							
Fruit and/or Vegetable							
Bread or Cereal							
<b>MORNING SNACK</b> (Serve any two of the following foods.)							
Milk							
Fruit and/or Vegetable							
Bread or Bread Alternate							
Meat or Meat Alternate							
<b>LUNCH</b>							
Meat or Meat Alternate							
Vegetable and/or Fruits (2 or more)							
Bread or Bread Alternate							
Milk							
Other Foods							
<b>AFTERNOON SNACK</b> (Serve any two of the following foods.)							
Milk							
Fruit and/or Vegetable							
Bread or Bread Alternate							
Meat or Meat Alternate							
<b>SUPPER</b>							
Meat or Meat Alternate							
Vegetable and/or Fruits (2 or more)							
Bread or Bread Alternate							
Milk							
Other Foods							

PROVIDER'S NAME \_\_\_\_\_

KIDS UNLIMITED SERVICES, INC.