



Pretend that you are being interviewed on a television talk show. The topic of the day is: *The time you had the most fun.* How would you answer each question?

Host: It's always fun to remember good times. What was the best time you ever had?

You: _____

Host: When did this happen?

You: _____

Host: Where were you at the time?

You: _____

Host: Who were you with at the time?

You: _____

Host: Why was this time so much fun?

You: _____



Goals are something we want and will work for. There are short term goals and long term goals. For example, Tommy's long term goal is to become a professional football player. His short term goal is to learn how to throw a long pass.

Think about some of your own goals. As you think of goals, decide whether they are short or long term. Then write them in the space below.

Short term goals

Long term goals

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Goal: _____

Goal: _____