

**HANDOUT #1 : GOALS AND DREAMS**

**GOALS AND DREAMS WORKSHEET**

<b>GOALS</b>	<b>FIVE YEAR GOALS</b>	<b>TEN YEAR GOALS</b>
<b>YEARLY TASKS TO MAKE IT HAPPEN</b>	<b>YEARLY TASKS TO MAKE IT HAPPEN</b>	<b>YEARLY TASKS TO MAKE IT HAPPEN</b>
<b>MONTHLY TASKS</b>	<b>MONTHLY TASKS</b>	<b>MONTHLY TASKS</b>
<b>WEEKLY TASKS</b>	<b>WEEKLY TASKS</b>	<b>WEEKLY TASKS</b>
<b>DAILY TASKS</b>	<b>DAILY TASKS</b>	<b>DAILY TASKS</b>