

Child Care Lounge Separation Anxiety Worksheet #2

Your Name:	
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Tell, in detail, how you would handle each situation below. *Make sure to describe how you would involve both child AND parent.*

1. Tommy is 3 and comes in the morning with his mom. He seems calm when he enters the room. However, as mom gets ready to leave she hugs him repeatedly while telling him, "Don't cry, mommy won't forget you." Or "I know it is scary to be in school, but I will come for you later." You can see that Tommy becomes anxious and clingy to mom.

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2. This is Adam's first week in childcare. He is 16 months old. As soon as his mother hands him to you, he starts to cry. You can then see that Adam's mom looks like she wants to cry, as she literally runs out the door.

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3. Stelena is in kindergarten, but she comes to your program in the morning before school. She is outgoing and seems to have many friends. However, Monday mornings seem to be stressful for her. Often she will just sit by the door for a long time after her mother leaves.

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When complete, either save worksheet onto your computer (File---Save As)
and email attachment to classes@childcarelounge.com

Or print and mail to: Child Care Lounge – 2830 Broadway Avenue #2 – Pittsburgh, PA 15216