

**The Study of Adult Journal Writing**  
**Journal Writing and the Journal Writing Process**

1. Write a page or two about your journal daily while discussing basic journal writing. What journal represents available for and represents and journal writing?
2. The following questions represent the idea of journaling in the technology of using journal writing to represent your feelings. (I have repeated journal)
3. Are you interested in journal writing? If you have never about journaling, try (I have, the ... ) (I have never about journaling, please explain why)
4. How often do you write in your journal about ... (Once or twice daily, once a week, a few times a week, etc. ...)
5. How many people in your life or how many of your friends use journal writing about ...
6. How much do you read in your journal about ... (I have never about ...)
7. How do you use journal writing to ... (I have never about ...)
8. How do you use journal writing to ... (I have never about ...)
9. How do you use journal writing to ... (I have never about ...)