

### Substance Abuse Treatment: Group Therapy Post-Test

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Following your reading of the course material found in TIP Series 41, please read the following statements and indicate the correct response. A score of 35 correct must be obtained to pass the course (you may miss 15). The test may be taken as many times as necessary to obtain a passing grade.

Text: **Substance Abuse Treatment: Group Therapy**, Treatment Improvement Protocol (TIP) Series 41.

1. The five group models common in substance abuse treatment are all except:

- A. Psychoeducational groups
- B. Skills development groups
- C. Cognitive-behavioral groups
- D. 12-Step groups
- E. Support groups
- F. Interpersonal process groups

2. Some clients probably are not suitable for certain groups, or group therapy in general, including all the following except:

- A. People who refuse to participate
- B. People who are court ordered
- C. People who cannot honor group agreements
- D. People who make the therapist very uncomfortable
- E. People who cannot control impulses

3. A group agreement establishes the expectations that group members have of each other, the leader, and the group itself. Although helpful for many clients, having one is not a factor contributing to the success of outpatient therapy groups.

True                  False

4. In the early phase of treatment clients tend to be excited about ending substance use, but are rigid in their thinking, and limited in their ability to solve problems.

True                  False