

Name: _____
SID: _____

Learning Style and Study Skills Worksheet

Learning to Study Through Critical Thinking
By Jonelle A. Beatrice

** This assignment will be turned in at the end of the second lecture on Tuesday, October 6th **

A. Circle the letter of the phrase that is true for you most of the time.

1. If I have to learn something, I learn best when I:
(K) Try to do it myself
(V) Watch someone show me how
(A) Hear someone tell me how
2. When I read, I often find that I:
(A) Read out loud or hear the words inside my head
(V) Visualize what I am reading in my mind's eye
(K) Fidget and try to "feel" the content
3. When asked to give directions, I:
(V) See the actual places in my mind as I say them or prefer to draw them
(A) Have no difficulty in giving them verbally
(K) Have to point or move my body as I give them
4. If I am unsure how to spell a word, I:
(K) Write it in order to determine if it feels right
(V) Write it in order to determine if it looks right
(A) Spell it out loud in order to determine if it sounds right
5. When I write, I:
(A) Often say the letters and words to myself
(V) Am concerned how neat and well spaced my letters and words appear
(K) Push hard on my pen or pencil and feel the flow of the words or letters as I form them
6. If I had to remember a list of items, I would remember it best if I:
(V) Wrote them down
(A) Said them over and over to myself
(K) Moved around and used my fingers to name each item
7. I prefer teachers who:
(K) Use hands-on activities.
(V) Use the board or overhead projector while they lecture
(A) Talk with a lot of expression
8. When trying to concentrate, I have a difficult time when:

<http://www.ugeducation.ucla.edu/urc-care/progpeers.htm>