

True or False?

- 1) You should change your underclothes every day. True False
- 2) Skin temperature is the same all over. True False
- 3) All germs are harmful True False
- 4) You can not be contaminated by your own germs. True False
- 5) To avoid catching a cold you should wash and dry your hands regularly. True False
- 6) Linen handkerchiefs are more hygienic that paper handkerchiefs..... True False
- 7) You should brush your teeth for three minutes after every meal..... True False
- 8) A wound is safe under a bandage. True False
- 9) You should put your hand in front of your mouth when you cough or sneeze. True False
- 10) Hands have the most germs. True False

This text is not correct: there are no full stops, commas or capital letters! Correct it by:

- Colouring yellow the letters which should be capitals;
- Adding full stops and commas in red.

always wash your hands before eating to avoid swallowing germs hands get covered in germs when you play or touch dirty things these germs can make you ill babies sick people and old people are very vulnerable to germs germs also hide in clothes so don't forget to change them regularly especially pants and socks.

Jumbled Words

Cross out all the words you find horizontally or vertically and write the letters that are left in the yellow boxes. You will find out what the Netoon brushes after every meal.

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| S | S | E | R | D | W | E | A |
| O | G | F | T | H | A | I | R |
| A | E | O | H | A | S | F | M |
| P | R | O | T | N | H | I | B |
| N | M | T | S | K | I | N | L |
| O | S | T | E | Y | N | G | O |
| S | C | O | M | B | G | E | O |
| E | Y | E | B | E | A | R | D |

- Arm
- Beard
- Blood
- Comb
- Dress
- Eye
- Finger
- Foot
- Germs
- Hair
- Hanky
- Nose
- Skin
- Soap
- Toe
- Washing

