

Rock Ledge Intermediate Developmental Guidance

**Grade 4 Lesson #1**

**Lesson:** Understand Self/Others, Academic Success

**Materials:** Interview Questions Worksheets  
Goal Setting Worksheets  
Learning Styles Powerpoint  
What is Your Learning Style? inventories

**Welcome Back!**

**Classroom Management Overview:** “Give Me 5”—hand up in a high five signifies readiness

Fingers: \*2 Eyes Watching \*2 Ears Listening \*1 Mouth Closed

Palm: \* 1 Heart Caring and Respectful!

**Activity: Interview A Classmate** (Wiscareers)

1. Place students in random pairs.
2. Tell students they will be interviewing one another to find out about the other person’s interests and abilities.
3. Discuss actual interviewing techniques such as putting the person at ease and asking leading questions that cannot be answered with just a yes or no.
4. Direct students to use the Interview Questions worksheets. Ask additional questions they wish.
5. When complete, ask students to introduce their partners by describing them to the rest of the group.
6. Turn in interview sheets to Mrs. Siudzinski for placement in counseling file.

**Activity: My Personal Goal Setting**

1. Give students a copy of the goal setting sheet.
2. Instruct them to think about three goals (academic, personal/social, career) they would like to achieve over the course of this school year.
3. Write goals in the appropriate place on their worksheet.
4. Turn in to Mrs. Siudzinski for placement in counseling file.

**Activity: What is Your Learning Style?** (Psychology For Kids, Vol 1)

1. Explain that each of us is unique as an individual, and that we all learn differently as a result.
2. Overview the 3 types of learning styles: visual, auditory, kinesthetic/tactile (powerpoint).
3. Hand out learning style inventories. Read aloud as students complete.
4. Students tally their results and write down their main learning style. Share results as a class/poll.
5. Discuss implications for learning and the ability to advocate for own individual learning needs as a student to find academic success as the year goes on.

**Closing: 1000 Things Went Right Today!**