

Tie-In Side**Brains or Brawn?****Comparing Sparta and Athenian Society**

Athenian society is a political system where power is concentrated in the hands of a very few people. The Greek philosopher Aristotle described Sparta this way, as "a kind of untrained and pernicious government...," because Sparta's three distinct groups (10 slaves, known as helots, 30 Spartan nobles, who were taught to be fit and patriotic, and 30 Spartan maidies, who were trained to become mothers). None of these groups enjoyed a great deal of freedom. At the age of seven, boys were forced from home to live in barracks and receive military training from older boys. The Helots served to provide the necessary food and labor for Sparta. While women enjoyed some freedom relative to other Greeks of the era, women there still largely confined to Spartan cooking and general house chores (husbands, fathers).



Democracy is a political system popularized by the citizens of Athens, Greece, in 500 BC. The unpopular Cleon Hippas was overthrown, and all citizens were allowed to participate in Athenian governmental activities. All citizens were equal before the law, although slaves and women were not allowed citizenship. Athens eventually established democracy and developed a direct democracy where citizens chose the members of the powerful Assembly. Athenian youth were encouraged to develop artistic and intellectual talents to such a degree that historians refer to this time-period as Athens' "Golden Age." Citizens in Athens also had no compulsory military training, but Athens never sacrificed the same strict and brutal control seen for perspective Sparta.

