

Do's and Don'ts

Circle the Do's in green and cross out the Don'ts in red.

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|----------------------------------------------|-----------------------------------------------|
| I wash my hands regularly. | I put fresh food in the refrigerator. |
| I take a shower every day. | I put my pen in my mouth. |
| I drink river water. | I air all the rooms. |
| I change my underclothes every day. | I lend my toothbrush. |
| I lend my spoon to the next person at table. | I wash my hands after I've touched an animal. |

Define the word "hygiene".

True or false? Explain your answers.

- 1) People are living longer.
True or false.....
- 2) There are so many new diseases.
True or false.....
- 3) Hardly any diseases are caused by poor hygiene.
True or false.....
- 4) Increasing air travel results in the dissemination* of germs throughout the world.
True or false.....
- 5) Modern medicine can cure all diseases.
True or false.....
- 6) Water is the prime carrier* of disease.
True or false.....
- 7) Hygiene standards* are the same all over the world.
True or false.....

* Ask your teacher to explain these words.