

## Worksheets for Food/ Kitchen Safety and Kitchen Basics

### Group One: Work Centres

1. What types of items are found in each centre of the kitchen?

Centre	Items found there	Where in our kitchens?

2. Which items form the work triangle? Which triangle do you have at home in your kitchen?

### Group Two: Kitchen Equipment

1. Give examples of the three main types of kitchen equipment.

Type of Equipment	Examples