

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Helping Verb Worksheet

Helping verbs help a main verb to name an action or make a statement. There are 23 verbs that can be used as helping verbs in the English language.

**Directions:** Read each sentence and choose the correct helping verb.

*Example A: I (am / is) running for mayor of the city.*

*Answer: am*

1. I (is / am) jumping higher than you.
2. We (is / are) circling the stadium parking lot.
3. He (was / is) drawing on the chalk board.
4. My parents (was / were) traveling around the world last year.
5. Have you (be / been) talking to your parents lately?
6. Can you (been / be) working harder?

**Directions:** Write a sentence with each helping verb listed below. Circle the verb phrase.

*Example A: am*

*Answer: I am running this morning.*

7. am- \_\_\_\_\_
8. should- \_\_\_\_\_
9. are- \_\_\_\_\_
10. was- \_\_\_\_\_
11. were- \_\_\_\_\_