

REVIEW OF HARMS OTHER THAN SEXUAL

"SELF"

COLUMN 1		COLUMN 2		COLUMN 3				COLUMN 4												
Who did I hurt?		What did I do?		AFFECTS MY (What part of self caused the hurt?)				What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings												
				Social Instinct	Security Instinct	Sex Instinct	Ambitions	Self-Esteem	Personal Relationships	Material	Emotional	Acceptable Sex Relations	Hidden Sex Relations	Social	Security	Sexual	Selfish	Dishonest	Self-seeking & frightened	Inconsiderate
1																				
2																				
3																				
4																				
5																				
6																				
7																				
8																				