

DANCE 7–10 unit

ANATOMICAL POETRY

NEW SOUTH WALES
DEPARTMENT
OF EDUCATION
AND TRAINING



Core practice: Performance, Composition, Appreciation

Length of unit: 6 weeks

Stage of unit: Stage 5 (Year 10)

Content area: Essential and Additional 1, with lead into Additional 2

Aims of the unit of work: This unit builds on students' understanding of the study of dance as an artform. Students develop knowledge and understanding of the muscular-skeletal system and apply this understanding to composition using "body" poems as stimulus.

Content outline

Week 1:

FOCUS: Students are introduced to the importance of anatomy in dance, the skeletal system's function and nature. Bone joint types and purposes are explored.

Week 2:

FOCUS: Students explore the muscular system's function and purpose. Planes of movement are introduced for greater understanding of the way the body moves in space. Movement vocabulary is discussed in order for students to achieve higher order outcomes with their responses.

Week 3:

FOCUS: The relationship of bones and muscles – Students are to build and label their own skeleton in order to see the practical relationship between the muscles and the bones.

Week 4:

FOCUS: Students look at poems or literature and explore movement concepts to directly relate to the material. Students are reminded to use their dance journals at this point to document their personal journey. – This part of the process may take up to 3 weeks depending on the level of understanding that your students are achieving.

Week 5:

FOCUS: Assessment – Students are to perform their compositions to the class, read their literature and explain how they relate to each other using the vocabulary established throughout this unit.

Week 6:

FOCUS: Students are to view their own or another students performance and critically analyse the performance in terms of technical acquisition and connectivity with the stimulus.