

# Saying Sorry

## Lesson Objectives

### Students will:

- be aware that saying sorry does not "fix" what has happened.
- understand that when a person is involved they try to take steps for their actions and take steps to avoid a recurrence of the event.
- understand that when apologising they must look at the person, say sorry and make it, say what they are apologising for and suggest a way to help or ask how they can help.

## Materials

- Stuffed toys/puppets
- coloured pencils
- Clear-the-Air box
- paper
- 21 sheets of paper
- red pencils

## Activities

1. Remember why we say "Sorry". Ask them to discuss what they're apologising for have a word for sorry (remorse), listen with some laughter. Discuss ways in which we can show that we are truly sorry.
2. Role Play - sometimes accidents where an apology is required.
  - The child gives a well made apology.
  - The teacher corrects poorly.
  - The child gives what is somebody's property.Students role play the event, the apology and then suggest alternatives to help and make things better.
3. Puppet Play - we role play but using puppets or stuffed toys as the characters.
4. Clear-the-Air box - students write and put in the box apology notes for what needs that they have's apologised for or have been un-answered/heard for in person.

## Video Activities

- Lesson picture showing examples of how and when to apologise. For example, a picture shows a person who has knocked another person over and is apologising for knocking second person and knocking them over and asking them if they are alright and if they need help to pick up their belongings.