

## Pitch Worksheet

**My Narrative is:**

Character Arc Based

Hero's Journey

Other: \_\_\_\_\_

**Pitch:**

**Catalyst:** (Balance is upset)

**Big Event/Transition:** (The event that changes the protagonist)

**Pinch:** (Major transition that changes your character permanently)

**Crisis:** (Protagonist makes the crucial decision)

**Showdown:** (The climax)

**Realization:** (Theme is made apparent, arc is reinforced or confirmed)