

## **Nursing 330: Illness and Disease Management I**

**Unit 1 :**       Rehabilitation Nursing  
                  End-of-Life Issues

### **Behavioral Objectives:**

Following the completion of this unit, the student will be able to:

- Describe the goals of rehabilitation
- Identify principles and practices underlying rehabilitation nursing.
- Discuss the interdisciplinary approach to rehabilitation
- Discuss the impact of disability on the patient and family.
- Use the nursing process as a framework for care of patients with self-care deficits, impaired physical mobility, impaired skin integrity, and altered patterns of elimination.
- Describe nursing strategies appropriate for promoting self-care through activities of daily living.
- Describe nursing strategies appropriate for promoting mobility and ambulation and the use of assistive devices.
- Describe the significance of continuity of care and community re-entry from health care facility to the home or extended care facility for patients who need rehabilitative assistance and services.
- Define palliative care.
- Compare and contrast the settings where palliative care and end-of-life care are provided.
- Identify barriers to improving care at the end of life.
- Implement nursing measures to manage physiologic responses to terminal illness.
- Identify components of uncomplicated grief and mourning and implement nursing measures to support patients and families.

### **Topics:**

- |                                    |                                     |
|------------------------------------|-------------------------------------|
| • Impairment/disability/handicap   | • Sensory deprivation               |
| • Rehabilitation team              | • Sensory overload                  |
| • Rehabilitation settings          | • Delirium                          |
| • Assessment of functional ability | • Futility                          |
| • Holistic framework               | • Withholding/withdrawing treatment |
| • Advocacy                         | • DNR                               |
| • Palliative care                  | • PSDA                              |
| • Hospice care                     | • Brain death                       |
| • Spiritual care                   | • Organ donation                    |
| • Stress/anxiety                   | • Stressors                         |
| • The dying patient                | • Rewards                           |
| • Near death experience (NDE)      | • Burnout                           |
| • Families in crisis               |                                     |

### **Teaching/Learning Activities:**

#### **Required Readings:**

- **Smeltzer et al., Chapter 11: Principles and Practices of Rehabilitation**
- **Smeltzer et al., Chapter 17: End-of-Life Care**