

Grammar Reminders  
was and were

Today (present)	Yesterday (past)
I am I'm	I was
I am running.	I was running.
(He) Ben (She) Kate (it) the dog <div style="display: inline-block; vertical-align: middle; margin-left: 20px;"> </div> is	(He) Ben (She) Kate (it) the dog <div style="display: inline-block; vertical-align: middle; margin-left: 20px;"> </div> was
She is sleeping.	She was sleeping.
(We) (They) (You) <div style="display: inline-block; vertical-align: middle; margin-left: 20px;"> </div> are	(We) (They) (You) <div style="display: inline-block; vertical-align: middle; margin-left: 20px;"> </div> were
They are swimming.	They were swimming.

If you use am, is, are, was or were with a verb you must end the verb with ing.