

Name: _____
Date: _____

Subject: Year 3 Science
Sheet: 3a Teeth and eating

Teeth - Fact Sheet

- * We use our teeth to bite, chew, crunch and grind food.
- * Our teeth help us to break up food so that our bodies can digest it and turn it into energy.
- * A tooth has three main parts - the crown, the neck, and the root.
- * A substance called cementum holds the root of the tooth securely in the jaw.
- * A tooth is made up of three layers - creamy white enamel on the outside, the dentine underneath and the pulp cavity in the centre.
- * We have four types of teeth - incisors, canines, premolars and molars.
- * Incisors at the front of the mouth slice and cut food.
- * Pointed canines rip and tear food.
- * Flat premolars and molars crush and grind food.
- * Children have a first set of 20 milk teeth. These will gradually fall out and be replaced by permanent adult teeth.
- * Wisdom teeth usually appear after about 20 years of age. They are the four molar teeth at the back of the jaw.
- * Teeth should be cleaned with a toothbrush and toothpaste.
- * Foods and drinks which are high in sugar damage the teeth and cause tooth decay.

