

The Present Tense – Present Progressive

There are three *aspects* of the present tenses:

- 1) Simple present
- 2) **Present progressive**
- 3) Present perfect (simple and progressive)

★ = action



The **present progressive tense** is used to describe actions that are in progress.

- Use the helping verb “**am**” before a verb when used to describe (**I**).
- Use the helping verb “**is**” before a verb to describe the (**he, she, it**).
- Use the helping verb “**are**” before a verb to describe (**we, you, they**).
- Add “**ing**” to the verb ending.

I [**am**] [verb + “ing”]
 he / she / it [**is**] [verb + “ing”]
 we / you / they [**are**] [verb + “ing”]

Example: I am running.

Example: He is running.

- Add the word “**not**” between the helping verb (am, is, are) and the main verb to form the negative.

Example: We are not running.

Directions: Write the correct form of the verb in the spaces below.

- 1) We _____ (to go) to the mall.
- 2) She _____ (to talk) to the police officer.
- 3) I _____ (to buy) a new bicycle.
- 4) John _____ (to listen) to a CD.
- 5) Margo, Juan, and Anika _____ not _____ (to ride) on the bus.
- 6) We _____ (to try) to get five gold medals.
- 7) My brother _____ (to be) mean right now.
- 8) The four of us _____ (to swim) in the lake.
- 9) My mom _____ (to rock) the baby to sleep.
- 10) I _____ (to sing) in my car.

Directions: Put the following sentences in the present progressive tense.

1) I do the laundry.

2) Brad is nice.

Directions: Now make your own sentences in the present progressive tense.

1) _____

2) _____