

7 AREAS OF LIFE

"Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired and success achieved" - Helen Keller

| | SHORT TERM | MEDIUM TERM | LONG TERM |
|-----------|------------|-------------|-----------|
| SOCIAL | | | |
| FAMILY | | | |
| HEALTH | | | |
| CAREER | | | |
| FINANCIAL | | | |
| LEARNING | | | |
| CHARACTER | | | |