

Peer Mentor Worksheet Checklist

Subject for Discussion	Notes and Check for Completion
<p style="text-align: center;">Balance of Time:</p> <p>How are you handling your time with school , ROTC obligations, & other activities?</p>	
<p style="text-align: center;">Quality of Life:</p> <p>How are thing at home, how are your relationships with roommates, classmates, teachers, fellow cadets, cadre?</p>	
<p style="text-align: center;">PT and Physical Health:</p> <p>How can you improve your PT score? Have you been sick or injured?</p>	
<p style="text-align: center;">GPA:</p> <p>Do you currently have a F or D in any class. Is your over all GPA over a 2.5. Do you plan on withdrawing from any class?</p>	
<p style="text-align: center;">Techniques for Successful Completion of School Work:</p> <p>What study methods are you using? Recommend successful study methods. Refer to Academic Resource List if applicable.</p>	
<p style="text-align: center;">Upcoming Training Events:</p> <p>Do you have anything in your schedule that will prevent you from being to attend any upcoming training event. Recommend ways to prepare for future training events.</p>	
<p style="text-align: center;">STDs, Safe Sex, Drinking, Drugs, Date Rape :</p> <p>Are you protecting yourself from STDS? The legal drinking age is 21. Underage drinking is illegal. Date rape is a crime. Recommend ways to stay safe.</p>	
<p style="text-align: center;">Vehicle Safety:</p> <p>Do you have any tickets over \$250? Did your vehicle pass the safety inspection? If your car breaks down on the highway what type of emergency assistance do you have?</p>	
<p style="text-align: center;">Recruitment Efforts:</p> <p>Are you contracted? What obstacles do you have until you can contract? Do you have any paperwork issues that you are working on?</p>	
<p style="text-align: center;">Personal Issues:</p> <p>Do you have any problems you want to talk about, big or small?</p>	
<p style="text-align: center;">Finances:</p> <p>Are you receiving your stipend? Do you owe the university any money? Are you able to pay for food & rent?</p>	

Mentor _____

Mentee _____