



Fast Fact Sheet: FUNdraising and the Food & Nutrition Policy

Highlights

- Fundraising with food & beverages organized by and through schools will centre only on items of Maximum and Moderate Nutrition.
 - Includes all school affiliations such as home & school, school clubs, sports teams, and band.
 - Includes all school fundraising activities (e.g. campaigns, canteens, vending, sales during the day, after school, and evening hours).
- Donations from outside groups
 - Donations must follow the policy – only Maximum and Moderate foods and beverages can be donated to the school and school affiliations.

Healthy Fundraising Ideas for Schools

- _____ -a-thon (walk, run, bike, read, spell, dance)
- Auctions
- Concerts & Contests
- Yard Sale
- Change War – Classes compete with each other to raise the most amount of change. The class who raises the most wins a prize.
- Break the Balloon – Fill balloons with slip blank pieces of paper except one that has a prize written on it. People pay to break a balloon to see if they have won
- Healthy Cookbooks
- 50/50 Tickets
- Rubber Duck Races
- Face Painting
- Car Wash
- Work with a gas station to have students work gas pumps, clean cars for a donation
- Shave heads for your school
- Board Game Tournaments
- Guess the number of _____ in the jar? Use healthy items like dried beans or soy nuts Calendars
- Teacher Payback – Have a teacher choose several options that s/he is comfortable to do as part of student 'payback'. Eg. Shave mustache, dye hair, wear clown suit. Students & staff place their vote with money. Whichever activity has the most money is the 'payback' the teacher has to do.
- Flower Sale
- Pair with a local theatre to have a Movie Night and all proceeds to your school
- Offer gift wrapping service during the holidays
- Raffle Tickets for an item or service (e.g. The two best seats for a school concert or sporting event; cleaning service for a week)
- Bottle Drive
- Yard Clean Up Service
- Grocery Baggers