



**IMUNE International License Quantum Biofeedback Practitioner
PW4A-General System Regulation-Worksheet Support**

Name _____ Date _____
 Client _____ Class Client [_____] Practice Client [_____]

The intention of this worksheet is to try ways to identify GENERAL SYSTEM REGULATION

Health status hints

Are there more reds and purples than you may expect from the SOC- the number and range of active issues will be higher in a stressed person or one who is coping poorly with stress.

Person Type	SOC	Test Score	No Reds	
Theoretical	1	all 50	0	Perfect health
Ideal	1		40-80	Perfect Health
Well Child	10	to 110-120	2-4	
Unwell Child	10	to 120-130	6-20	
Healthy Adult	30	to 110-130	4-6	
Adult SOC	100	to 140-160	10-25	
	200	to 180-200	20-40	
	400	to 300-400	30-60	

System coping well adequately poorly/overstressed.

General System regulation

The graphs in Risk Profile (Test>Programs> Risk Profile) Sarcodes (Test>Programs>Spinal & Sarcodes>Sarcodes) and NLP Emotional Growth (Mental factors>Make Emotions Chart>Show Emotion) may give an indication. Look at the shapes, top/bottom weighting, stability- view like a well managed cash flow as a reference.

Regulation	V Good	Good	Poor	V Poor	Top Heavy	Bottom Heavy
Risk profile						
Sarcodes						
NLP						

Seyle Stress Scale

(Test>Risk Profiles)

Note what stage the client is at.