

Name _____ I.D. _____
Class _____ Period _____ Date _____

Habit 4 Worksheet

Instructions: Read text The 7 Habits of Highly Effective Teens pages 146-161 and answer the following questions.

1. What is Habit 4?

Read pages 146-148.

2. What does the term “win-win” mean?

3. What belief does “win-win” come from?

4. a. Explain what the “win-lose” attitude means (who wins; who loses).

b. Give three examples listed in the book to describe “win-lose:”

1.

2.

3.

Read pages 149-151

5. Complete: Lilly Tomlin said, “The trouble with the rat race is that even if you win, you’re still a _____.”

6. Why does the person with the “win-lose” attitude end up at the top of the totem pole, but be at the top alone without friends?

7. Explain what the “lose-win” attitude means (who loses, who wins).

8. What traits do people with the “lose-win” attitude have?

a.

b.

9. People who take the “lose-win” attitude often hide their true _____.