Food Hygiene

Organizing the refrigerator

5th shelf (+ 6°C): eggs

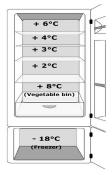
4th shelf (+ 4°C): poultry, game, milk, cheese, butter dairy products

3rd shelf (+ 3°C): cooked food, pastries, fresh meat,

cold meats

2nd shelf (+ 2°C): minced meat

1st shelf (0 to + 2°C): fish, shellfish



How does a refrigerator work?

Tick the correct answers

Given that cold falls and heat rises, where is the coldest part of the refrigerator?

☐ Middle ☐ Bottom

The vegetable bin is at the bottom of the refrigerator. Yet it's the warmest part. Do you know why?

 \square Because of heat from the vegetables \square Because plastic drawers provide insulation

The temperature in the refrigerator:

 \square Is the same on every shelf \square Is not the same on every shelf

Each kind of food in the refrigerator:

 $\hfill\Box$ Should be stored at a specific temperature

 \square Is at the same temperature as all the other food

True or False?			
1)	he refrigerator should be cleaned regularly.	True	False
2)	There's no point in covering left-over food for storage	True 🗌	False
3)	I can refreeze food.	True 🔙	False
4)	Recommended storage temperatures are shown on food packaging	True 📗	False
5)	should avoid that food products in the refrigerator from different sources touch each other	True	False



Pupil's sheets hygiene-educ.com