

Double and Treble the Dumplings (Jiaozi)

To make enough delicious Jiaozi for
three people you will need:

Dough

- 3 cups flour
- 1½ cups cold water
- ½ teaspoon salt

Filling

- 1 cup minced beef
- 1 tablespoon soy sauce
- 1 teaspoon salt
- 1 tablespoon dry sherry
- 2 cups of breadcrumbs
- ¼ teaspoon pepper
- 3 tablespoons sesame oil
- 3 spring onion
- 1½ cups chopped white cabbage
- 4 tablespoons bamboo shoots
- 2 slices ginger
- 1 clove minced garlic
- 1 five pence piece

Questions (Use the chart on page 2 to record your answers)

1. Can you work out how much of each ingredient you will need to make enough Jiaozi for six people?
2. Can you work out how much of each ingredient you will need to make enough Jiaozi for nine people?