

# BEHAVIOR CHANGE PLAN

My Name \_\_\_\_\_  
Date \_\_\_\_\_ Time \_\_\_\_\_

What I did that was against  
the rules?

What I wanted to happen?

What really happened?

To get what I want, I must  
stop:

What I can do to behave more  
appropriately?

What I need from my teacher  
to help my plan?