











'S Think Sheet

I can think about
how my actions affected
ME and OTHERS









What I chose to do

 hit	 run	 hit	 push	 take	 write something
 not work	 take someone's	 grab	 mean words	 touch of someone	 other

How it made me feel

 happy	 sad	 neutral	 embarrassed	 frustrated
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Next time I can choose to

 take with feel	 take with feel ok	 use kind words	 listen and not talk
 ask for space	 ask someone to stop	 follow directions	 ask for a friend

My positive choices will lead to

 "I can ask to be with me"	 "I can ask to play with me"	 "I can ask good friends to play with me"	 "people will see that I am kind"	 "I will feel proud of myself"
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