



## Stop and Think Sheet

1. What poor decision did I make? Why?
2. What could I have done that would've been a smarter decision?
3. How did my poor choice impact other people in our community?
4. How can I prevent myself from making that poor choice again?
5. What should happen if I make this poor choice again? What is an appropriate consequence?

I have completed this sheet with honest answers and my best effort.  
If it appears that I haven't, I will be asked to redo it.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parents/Guardians, please sign and return this page after discussing it with your child.  
Include comments on the back, or feel free to email me if you wish to discuss this further.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_