

## **GEMMA'S SHOPPING LIST**

Fresh Fruit Fresh Vegetables

4 Bananas 1 Butternut Pumpkin

2 Punnets of Strawberries 2 Potatoes

3 Mangos 3 Onions

8 Apples 2 Carrots

1 Lettuce 1 Bunch of Schallots

3 Tomatoes 1 Bunch of Broccoli

1 Cucumber

Fridge & Dairy Frozen Vegetables & Items

1 litre of Skim Milk 2 litres of Ice Cream

1 block of Light Cheese

Delicatessen Fresh Meat Section

5 Chicken Loaf Slices 500 grams of lean Mince

2 Chicken Breasts