

A Prayer Chart

Use these questions to help you identify situations when you used each prayer form, and record as many situations as you can recall:

- Review the past week. In what situations did you find yourself using one of the prayer forms?
- Think back to one year ago. What was happening for which you used the various forms of prayer?
- Think back to when you were five. How did each prayer form apply to you as a five-year-old?

| | Blessing | Adoration | Petition | Thanksgiving | Praise |
|----------------------------------|-----------------|------------------|-----------------|---------------------|---------------|
| Last week | | | | | |
| One year ago | | | | | |
| When I was five years old | | | | | |

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