

## SONNET WORKSHEET

**SONNET** = 14 lines of iambic pentameter with this rhyme scheme: ABAB CDCD EFEF GG  
(note: iambic pentameter consists of 5 metrical feet of unstressed, then stressed syllables)

**First Stanza** should **INTRODUCE** the poem, explain a problem or situation, and introduce what you'll be talking about. Content should be inspired by activism, the environment, and/or nature.

**Second and Third Stanzas** should **ELABORATE** on the introduction (first stanza); i.e., what are the issues/feelings involved? You will explore the story/conflict/situation introduced in the first stanza.

**Rhyming Couplet** at the end should **RESOLVE** the poem or provide a dramatic twist to the story. The couplet is probably the most important section of the sonnet... so make it good!

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First Stanza:

A

B

A

B

Second Stanza:

C

D

C

D

Third Stanza:

E

F

E

F

Rhyming Couplet:

G

G