

## Morning Prayer: Liturgy of the Hours

*[All stand.]*

**Leader:** God, come to my assistance.

**All:** Lord, make haste to help me.

*[All bow.]*

**Leader:** Glory to the Father, and to the Son, and to the Holy Spirit.

*[All rise.]*

**All:** As it was in the beginning, is now, and will be forever. Amen.

### Opening Song

*[All sit.]*

### Psalm 63 (NRSV)

*[If no musical arrangement of Psalm 63 is available, the class may recite the psalm by dividing into halves and alternating portions between the halves, as follows:]*

#### Right:

O God, you are my God, I seek you,  
my soul thirsts for you;  
my flesh faints for you,  
as in a dry and weary land where there  
is no water.  
So I have looked upon you in the sanctuary,  
beholding your power and glory.

#### Left:

Because your steadfast love is better than  
life,  
my lips will praise you.  
So I will bless you as long as I live;  
I will lift up my hands and call on  
your name.

My soul is satisfied as with a rich feast,  
and my mouth praises you with joyful  
lips

#### Right:

when I think of you on my bed,  
and meditate on you in the watches of  
the night;  
for you have been my help,  
and in the shadow of your wings I sing  
for joy.  
My soul clings to you;  
your right hand upholds me.

#### Left:

But those who seek to destroy my life  
shall go down into the depths of the  
earth;  
they shall be given over to the power of  
the sword,  
they shall be prey for jackals.  
But the king shall rejoice in God;  
all who swear by him shall exult,  
for the mouths of liars will be  
stopped.

#### All:

Glory to the Father, and to the Son, and to the  
Holy Spirit,  
as it was in the beginning, is now, and will be  
forever. Amen.

**Leader:** Father of all, you created the sun that  
gives us light today. It is a sign of the  
everlasting light of Heaven. Until the majestic  
return of your Son in light, may we praise you  
in song, live lives of holiness, do works of  
justice, and celebrate your name in unity with  
all brothers and sisters.

