

**Laguna Middle School Anti-Bullying Presentation
2010/2011**

What Are YOU Going to do About It?

Goal: To reduce/eliminate bullying at Laguna Middle School by empowering students to report bullying whether they are the victim, the bystander, or even the bully.

Objectives: By the end of the lesson, students will

- be able to define bullying;
- be able to identify bullying behaviors;
- share information about and become more aware of bullying behavior and its effects;
- better appreciate how their school is committed to putting an end to bullying.

Time: 50-55 minutes over two Extended Advisory periods, plus one additional 10 minute session during a regular bell schedule Advisory period.

Materials and equipment: Pencil/pen, worksheets, overhead/ELMO/whiteboard.

DAY 1

Getting Started: (10 minutes)

- Lay it Out – Inform students of the Lesson Objectives and what they are expected to produce. Review your class ground rules.
- Brainstorm School Site Examples of Bullying - Teachers place their students in small groups for 5 minutes to list as many examples as they can, and then record student ideas on board – at least one example from each group.
- Review Definition of Bullying - “Bullying is an act of violence. It is intentional, repeated hurtful acts, words or other behaviors committed by one or more persons against another in an obvious or subtle way.” (Students may need to review what a “subtle” versus “obvious” form of bullying may be, e.g. direct teasing versus isolating an individual from joining in.)

Activities: (15 minutes)

- Present the four forms of bullying listed below. (5 minutes)

1. Physical	2. Reactive	3. Verbal	4. Relational
- Hitting, pushing, kicking other students - Taking or damaging someone’s property - Assault - Sexual assault	- A student who has been repeatedly bullied turns around and becomes a bully, hurting others the way they have been hurt	- Using words to hurt or humiliate another student - Menacing or threatening another student	- Trying to convince peers to exclude or reject another student - Cutting a student off from social connections and/or friends