

## Teaching the 7 Habits

### Introduction

The purpose of this curriculum is to assist teachers in using the book *The 7 Habits of Highly Effective Teens* and the accompanying workbook, both written by Sean Covey. This curriculum is geared towards students in middle and high schools, but can easily be modified for students both older and younger. It is written as a 30-lesson program, but can also be extended by including more "Sharpening the Saw" activities or exploring each of the habits more in depth. It is recommended that the instructor complete the program prior to teaching it, as it is helpful to know the material thoroughly. This curriculum is also aligned with the Arizona Workplace Standards.

#### Course objectives:

This course is designed to help students develop an awareness and sense of ownership for the direction of their lives. The specific Arizona Workplace Standards are as follows:

<b>WFP-E4</b>	<b>PO3:</b> Formulate related questions in a presentation.
	<b>PO4:</b> Express opinions relating to the main idea in a presentation.
<b>WFP-E8</b>	<b>PO3:</b> Compare presenter's point of view with presentor's point of view.
<b>WFP-E2</b>	<b>PO3:</b> Identify constraints to achieving goals.
<b>WFP-E3</b>	<b>PO1/G:</b> Define and create personal goals.

Each lesson includes a "Do Now" student discussion that will be used at the very beginning of class to get the students thinking and working. A worked assignment with a scoring rubric follows each lesson.

Personal journals should also be issued to allow students to sum up their learning after each lesson, and to show them what they have learned once the course is complete. Journals may be regular notebooks, or may be created from the Habits pages, using the bottom half of each rubric for a journal response. For each lesson, there is a Journal Entry at the end for reflecting on the current lesson. Journals may be scored completely/completely, on a personalized scoring system, or not at all, depending on the instructor's choice.