

# COMMANDS

## 1. Read and act out



Close the door.



Open the door.



Stand up.



Sit down.



Open your back.



Close your back.



Open the window.



Close the window.

### Write personal goals

- Stand up/stand up? / 站起
- Sit down/sit down? / 坐下
- Open your back/open your back? / 打开后背
- Close your back/close your back? / 关上后背
- Open the door/open the door? / 开门
- Close the door/close the door? / 关门
- Open the window/open the window? / 开窗
- Close the window/close the window? / 关窗