

Sample Weekly Lesson Plan  
Pre-K

Area	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Early Morning Activities</b>	Start a list of what we do with/ for a friend.  Write on the flip chart about what we did last night after school (with a parent or a teacher).	Roll marbles down spirals into wet and dry tubs  Continue our list of what we do for/ with our friends. Make pictures, letters or build something for a friend.	Launch bean bags with a board and try to catch them  Add to the ABC book for the classroom. Write letters on several of the pages at the table.	Add to the ABC book for the classroom. Write letters on several of the pages at the table.  Write on the flip chart about what we did last night after school (with a parent or a teacher)	Play a game of Go Fish with cards
Assessment or teacher strategy					
<b>Art</b>	Painting and printing with non-traditional paintbrushes – objects found in the classroom.		Use sticks, paper shapes, markers and collage materials to create bugs, fairies, cars, robots, etc.	Use objects found on our walk (pebbles, leaves, etc.) to create bugs, fairies, cars, robots, etc.	Paint and print with items we found on our walk.
Assessment or teacher strategy			Child chooses image to create.	Child chooses image to create.	
<b>Food Prep / Cooking</b>		Soak beans for cooking.	Put soaked and unsoaked beans in crockpots; season.	Check the beans; eat the ones that are cooked.	Eat the beans that are now cooked. What did we learn about how beans cook? Why is this true?
Assessment or teacher strategy					Talk about dehydration and rehydration. What other kinds of things can be dried (dehydrated) and soaked (hydrated/rehydrated)?
<b>Gross Motor</b>	Play red light, green light (outside).	Play cooperatively with a parachute. Shake it at different levels, take turns lying under it and feeling the wind	Bounce a ball to a partner. Aim for a rubber target to bounce it on. Score a point each time you hit the target	Throw and catch bean bags with milk jug scoop (outside).	