

Short Answer Questions II  
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PCN 604 Evaluation of Mental and Emotional Status  
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Date

#### Technology and Psychological Testing

Computers are used today in emotional and mental health testing. In some approaches like psychophysical and signal-detection computers are used to display tasks that cannot be deduced through traditional means of testing (Saccuzzo & Kaplan, 2013). A case in point is when a patient is supposed to give a description of the things they see or to respond fast to a stimulus so that their information-processing status is measured. Computer-generated virtual programs have been used for mental testing. Consequently, treatment of phobias has increased fast enough as compared to the past scenario. Virtual reality techniques are essential for safe interactions of the subjects with the objects they are afraid of and at the same breadth evaluating the responses they exhibit towards such stimuli. Online tests are also done with computers (Saccuzzo & Kaplan, 2013).