Healthy Relationships Check-Up

Or is my relationship unhealthy?

Does my partner put me down?	
☐ My partner tells me I am crazy or stupid.	
☐ My partner blames me for everything that goes wrong.	
Does my partner lie?	
☐ My partner cheats on me.	
☐ My partner lies about hurting me.	
☐ My partner lies to me about money.	
Does my partner take advantage of me?	
☐ My partner takes all the money.	
☐ My partner makes important decisions without me.	
☐ My partner makes me do all the work	
Does my partner try to scare me?	
☐ My partner threatens to hurt me or himself/herself.	
☐ My partner makes me do things I don't want to do.	
☐ My partner yells at me.	
Does my partner keep me away from other people?	
☐ My partner won't let me see my friends.	
☐ My partner threatens to report me to INS.	
☐ My partner locks me up somewhere.	
Does my partner treat the children badly?	
My partner puts the kids in the middle of fights.	, lie
☐ My partner hits or hurts the kids.	
☐ My partner threatens to kidnap the kids.	
Does my partner try to hurt me?	Written by LEAP. May be used without alteration if LEAP is credited. www.leapsf.org
☐ My partner tries to hit, kick, or push me.	
☐ My partner makes me have sex when I don't want to.	
☐ My partner makes me do illegal things.	