

Objective: The student will be able to identify plaque and understand and demonstrate proper brushing technique. The student will understand that fluoride can prevent cavities. The student will understand basic germ theory as regards sharing of toothbrushes and general hygiene. The student will understand hygiene as a personal responsibility.

Purpose: The lesson will develop self-awareness, increase knowledge and improve decision-making abilities.

Activity	Materials/Resources	Evaluation	Educational Standards
Call children to the circle Refer to the "Germs" book Discuss germs and how they cause disease How do we prevent? Discuss plaque, where it lives and how we deplaque Fluoride Guided practice in sulcular brushing	"Those Mean, Nasty, Dirty, Downright Disgusting but Invisible Germs" Plaque flipchart Toothbrushes Typodont	Oral feedback Observation and correction as children brush Oral feedback	K Eng. Language 1.1, 1.3, 2.2, 2.5 K PE 4.2, 4.3 1 Eng. Language 1.1, 2.2 1 PE 4.3 Health Frameworks: K Expectations 1,2,3,4 1 Expectations 1,2,3,4
Reinforce germ theory and where to keep brush so no one else can use/touch it Put brushes away Call back to circle and reinforce how often to brush	 Large typodont toothbrush	 Oral feedback	