

HOMEOPATHIC TREATMENT OF OPPOSITIONAL DEFIANT DISORDER

Are you worried on how your child manipulates the mood in your house? Normal parenting is not easy, but raising a child who feeds on expressing rage can be even more challenging. Even the best-behaved children can be moody, argumentative and challenging at times. However, if your child or teen has an enduring pattern of tantrums, anger, unreasonably defiant, hostile or disruptive behaviors affecting their family, social and academic life, he or she may have a medical condition called **Oppositional Defiant Disorder or ODD**. Children with Oppositional Defiant Disorder exhibit complex behaviors to the level that it can get in the way of learning, school adjustment, and social relationships.

Causes of ODD:

- The child's inherited personality.
- Parent's criticism to their child's behavior.
- Lack of supervision, abuse, indiscipline increases the risk of ODD.
- A biochemical or neurological factor.
- Having a parent with alcohol or substance abuse disorder.
- Unsatisfactory rapport with parents.
- Insecurity from parents divorce, several moves, or changing schools frequently.
- Having a parent with ADHD, oppositional defiant disorder or behavior problems.
- Financial problems in the family.
- Exposure to violence.
- Substance abuse in the child.

Symptoms of ODD:

- Hostile behavior.
- Temper tantrums.
- Very emotional.
- Rebellious and disregards rules set by adults.
- Infuriates people deliberately.
- Violent, harsh and disrespectful.
- Always blaming others.
- Is pessimistic, angry, malicious and revengeful.
- Stubborn, rigid and demanding.
- Impairment in social and academic functioning.

Homeopathic approach to ODD:

Homeopathy offers a convincing solution for Oppositional Defiant Disorder. Homeopathic treatment of ODD is constitutional taking a more holistic look at the individual. Every disease is considered as a Mind-Body process where each individuals personality traits are as important as their physical symptoms thus taking into account their