

**Complete the following sentences by writing the correct form of each verb.**

1. (I) **enjoy** **reading** **books** **very** **much** **because** **they** **are** **easy**.
2. **Going** **to** **the** **gym** **three** **times** **every** **week** **has** **become** **an** **important** **part** **of** **my** **life**.
3. **The** **use** **of** **the** **Internet** **has** **changed** **the** **way** **we** **communicate** **and** **work**.
4. **It** **is** **important** **to** **exercise** **regularly** **because** **it** **helps** **to** **maintain** **your** **health**.
5. **Improving** **yourself** **is** **an** **ongoing** **process** **that** **requires** **constant** **effort** **and** **dedication**.
6. **Modern** **technology** **has** **revolutionized** **many** **aspects** **of** **our** **daily** **lives**.
7. **Regular** **exercise** **can** **improve** **your** **overall** **well-being** **and** **reduce** **the** **risk** **of** **chronic** **diseases**.
8. **Learning** **a** **new** **language** **opens** **up** **new** **opportunities** **and** **enhances** **your** **cognitive** **skills**.
9. **It** **is** **essential** **to** **stay** **hydrated** **and** **eat** **nutritious** **foods** **to** **support** **your** **physical** **performance**.
10. **The** **use** **of** **social** **media** **has** **transformed** **the** **way** **we** **share** **information** **and** **connect** **with** **others**.
11. **Mastering** **the** **art** **of** **time** **management** **is** **crucial** **for** **achieving** **your** **goals** **and** **maintaining** **your** **well-being**.
12. **Not** **only** **exercise** **but** **also** **proper** **nutrition** **is** **essential** **for** **maintaining** **optimal** **health** **and** **energy**.
13. **Self-care** **is** **not** **just** **a** **luxury** **but** **a** **necessity** **for** **maintaining** **your** **mental** **and** **physical** **well-being**.
14. **The** **importance** **of** **regular** **check-ups** **cannot** **be** **overstated** **when** **it** **comes** **to** **your** **health**.
15. **It** **is** **crucial** **to** **listen** **to** **your** **body** **and** **take** **breaks** **when** **you** **are** **feeling** **tired** **or** **stressed**.
16. **Staying** **positive** **and** **open-minded** **can** **help** **you** **navigate** **life's** **challenges** **and** **find** **opportunities**.

**Write each verb using the present infinitive form in the following sentences. The sentence is underlined and appropriate verb forms are written in parentheses.**

1. The teacher **is** **required** **to** **give** **the** **students** **homework** **every** **day**.
2. The **children** **enjoy** **playing** **video** **games** **because** **it** **is** **fun** **and** **challenging**.
3. Students **are** **encouraged** **to** **participate** **in** **group** **activities** **to** **improve** **their** **communication** **skills**.
4. It **is** **essential** **to** **stay** **hydrated** **and** **eat** **nutritious** **foods** **to** **support** **your** **physical** **performance**.
5. Regular **exercise** **can** **improve** **your** **overall** **well-being** **and** **reduce** **the** **risk** **of** **chronic** **diseases**.