

Mental Health Bingo

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|-----------------------------|----------------------|-----------|--------------------------|-----------------|
| Learned emotions | Peer Group | Anxiety | Schizophrenia | Phobias |
| Psychologist | Personality disorder | Obsession | Impulse-control disorder | Perfectionist |
| Seasonal Affective Disorder | Binge eating | FREE | Optimism | Coping skills |
| Bulimia | Identity | Suicide | Anorexia nervosa | Self esteem |
| Distress | Cutting | Stress | Grief | Eating disorder |

This bingo card was created randomly from a total of 35 events.
 Anorexia nervosa, Anxiety, Anxiety disorder, Binge eating, Biofeedback, Bulimia, Compulsion, Coping skills, Cutting, Depression, Distress, Eating disorder, Emotion, Grief, Identity, Impulse-control disorder, Learned emotions, Mental disorder, Mood disorder, Neurologist, Obsession, Optimism, PTSD, Peer Group, Perfectionist, Personality disorder, Phobias, Psychologist, Schizophrenia, Seasonal Affective Disorder, Self esteem, Social worker, Stress, Stressor, Suicide.