

## Reading Nutrition Labels

<b>Nutrition Facts</b>																						
Serving Size: 1/2 Cup (125g) Amount Per Serving: 1/2 Cup (125g)																						
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1. What is the carbohydrate? \_\_\_\_\_

2. How many servings are in the container? \_\_\_\_\_

3. How many calories are there in one serving? \_\_\_\_\_

4. How many calories are there in the whole container? \_\_\_\_\_