

NAME \_\_\_\_\_

## TEACHING & BODY LANGUAGE

**BRAIN:** When you're teaching a lesson, don't think about the details, think about teaching. Prepare in advance. Teach in the moment. Have fun!

**Draw yourself as the Perfect Teaching You. Think about aspects of your body and how you move in the classroom.**

**EARS:** Are you hearing students when they speak? Pause to be sure you are paying attention.

**EYES:** Can you see the students? Can they see you? Looking inward? Making eye contact?

**MOUTH:** Smiling? Serious? Projecting your voice? Can all students hear you?

**LUNGS:**  
Breathe!

**HEART:** Heart teaching art!

**CLOTHES:** Are you professional? Comfortable? Creative? Able to make art?

**BODY:** Open to the classroom? Guarded? Tense? At ease? Stretch!

