

Name: \_\_\_\_\_

## 1<sup>ST</sup> QUARTER SELF-REFLECTION

**Habits** - Look at the list of habits provided. Sort the habits into the columns below in a way that best describes you!

- is a self-starter
- exhibits self-control
- punctual
- sets goals
- follows directions
- turns in work on time
- does careful work
- studies
- asks questions
- uses class time productively
- participates in class
- works well in groups
- works well independently
- communicates with parents
- communicates with teachers

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|--|---|
| I consistently & effectively practice these habits.            | I practice these habits, but not regularly.             |
| I would like to include these habits on my academic goal list. | I don't know how to successfully practice these habits. |

### Attitude/Behavior

At the start

At the end

What's changed since you started the unit because of what you've done so far? What are you proud of? How do you feel about the progress you've made? How do you feel about the progress you've made? How do you feel about the progress you've made?

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