

### Describing A Person's Look (Appearance)

**FAT** = overweight, obese, chubby, plump, big, well-built

- **fat** = a very direct word.  
Ex. *I'm so fat at the moment!* "You-are-fat"
- **overweight** = (polite) someone is fatter than they usually are or than they should be.  
Ex. *She is a little overweight.*
- **obese** = used by doctors to describe people who are very fat, in a way that is bad for their health.
- **chubby** (informal) used especially of children or of rounded body parts such as cheeks or knees.
- **plump** = fat and rounded in a pleasant way.  
Ex. *a plump, motherly woman*
- **big and well-built**: (polite) = someone with a large, strong, or fat body.  
Ex. *For big men like him, air travel can be uncomfortable.*

**THIN** = slim, skinny, slender, lean, slight, bony

- **Thin** = little fat on their body.  
Ex. *He's much too thin.*
- = Teenage girls all seem to want to be thin.
- **Slim** = thin in an attractive way.  
Ex. *her lovely slim figure*
- **Skinny** (informal) = very thin.  
Ex. *ridiculously skinny models*
- **Slender, lean, and slight** (written English) = thin in an attractive and graceful way.  
Ex. *long slender legs*
- **Lean** = thin and looking strong and fit.  
Ex. *a tall, lean athlete*
- **Slight** = thin and delicate-looking.  
Ex. *Her brother was very slight and looked younger than he was.*

Height	Build	Age	Face
tall short average } (adj.)  medium height (n.)	slim / lean thin, skinny slender plump fat, overweight medium athletic well-built muscular underweight stocky (big and short) wiry (thin, but has strong muscles) } (adj.)	young old = elderly middle-aged } (adj.)  teenager toddler (2-5 yrs) young adult (13-17) Adult (18 up) pre-teen (6-12) Infant (0-2) retiree (60 up) octogenarian (80-90) in 20s, 30s, 40s, ...	round oval square oblong heart-shaped } (adj.)  wrinkles (n.) freckles (n.)