

NAME _____

DATE _____

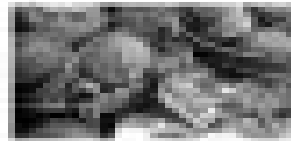
Cooking Class: Muffins



INGREDIENTS

Ingredients:

- 250 ml milk
- 60 ml sunflower oil
- Vanilla extract
- 2 eggs
- 200g self-raising flour
- 100g sugar
- Chocolate chips (optional)



PROCEDURE:

1. Preheat oven to 180°C (360°F), grease 12 muffin tins and line with paper liners.
2. Mix the flour, oil and sugar together in a bowl.
3. Add the milk, eggs and vanilla.
4. Stir well.
5. Add chocolate chips and fill each muffin tin with the 2/3rds mixture.
6. Cook in oven for 20 minutes and leave to cool.

NOTE:

You can replace the chocolate-chips for nuts or dried fruit.